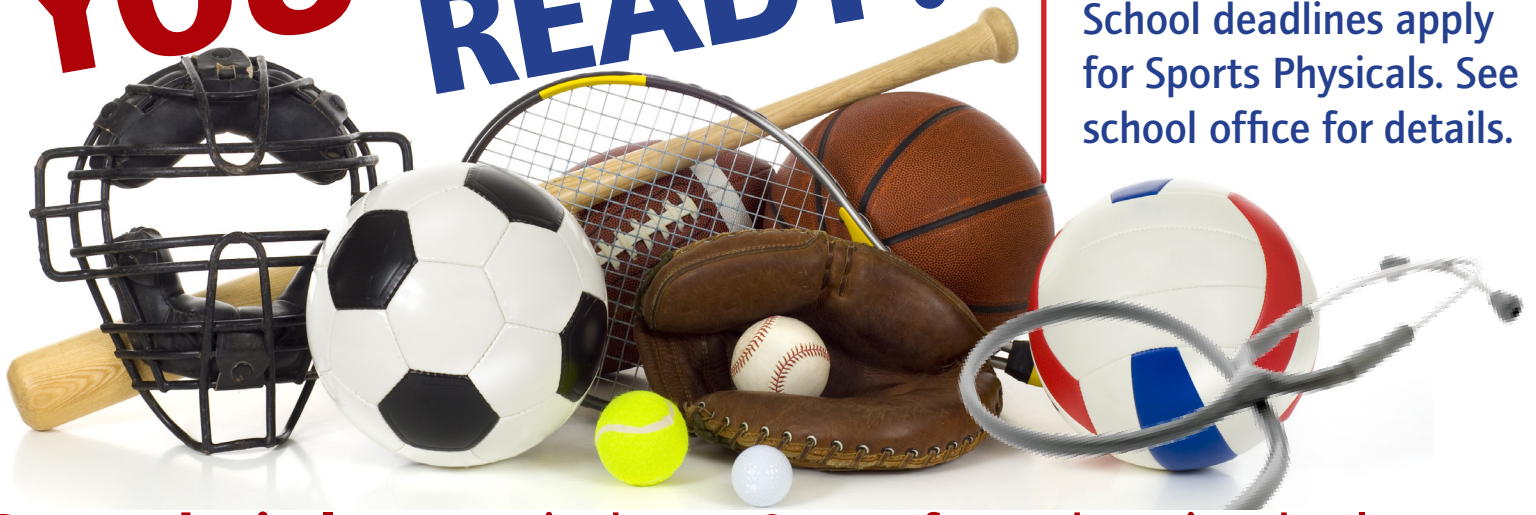


# ARE YOU SPORTS READY?



**NOT WITHOUT A PHYSICAL!**

**IMPORTANT:**

School deadlines apply for Sports Physicals. See school office for details.

**Sports Physicals** are required every 2 years for students in school sports

## Low-cost clinic information

Insured/Underinsured/Uninsured

### **Back to Health Clinic:**

*Appointment Necessary*  
4630A River Road N.  
Keizer, OR 97303  
503.304.2225  
No insurance cost: \$35

### **Hepner Chiropractic:**

*Appointment Necessary*  
925 Commercial Street SE #260  
503.391.9222  
No insurance cost: \$75

### **Lancaster Family Health:**

*Appointment Necessary*  
3896 Beverly Avenue NE #40  
503.588.0076  
No insurance cost: \$10 • Current patients • Accepting new patients

### **NW Family Chiropractic**

1797 Lansing Avenue NE  
503.391.9112  
No insurance cost: \$45

### **Salem Health Convenient Care:**

*Appointment Necessary*  
1002 Bellevue Street SE  
503.561.5554  
No insurance cost: \$95

### **Urgent Care Clinic South:**

*Walk-in only*  
3777 Commercial Street SE  
503.588.1234  
No insurance cost: \$70

### **West Salem Medical Clinic:**

*Appointment Necessary*  
1233 Edgewater St NW  
503.378.7526  
No insurance cost: \$27

### **Zoom Care:** *Appointment Necessary*

2990 Commercial Street SE  
503.684.8252  
No insurance cost: \$50

